

Board of Directors

Kim Kalas
President

Bob Hart
Vice President

Brady M. Brogni
Treasurer

Linda Chan
Secretary

(Office terms ended 9/30/08)

Jim Lonning
Ana Strohman
Josh Allen
Dean Shaddy
Kim Ott
Dan Musselman
Debbie Grogan
Beth Soucie
Angelee Van Hon
Deb Bennett

Tax Credit Reminder

Northland Family Help Center qualifies as a working poor charity, and you may be eligible for a tax credit of up to \$400. So make your donation today! Below are links to the form and instructions for the 2007 credit for contributions to working poor charities on the AZ Department of Revenue's website. Please consult your tax advisor to see if you would benefit from this credit.

http://www.azdor.gov/Forms/2007/321_f.pdf

<http://www.azdor.gov/Forms/2007/321%20instructions.pdf>

Proudly associated with



You are receiving this newsletter because at some point in time you have been connected to Northland Family Help Center. It is important to us to keep you informed of our progress, provide you with regular updates, and maintain your awareness of issues related to domestic violence and child abuse. If you wish to be removed from our mailing list, please send an e-mail to nfhc@northlandfamily.org or call 928-774-4503



Celebrating 30 years of healing and empowering and 10 years of PEACE Project!



Northland Family Help Center

2532 N. 4th St., #506
Flagstaff, AZ 86004

NONPROFIT
U.S. POSTAGE
PAID
PERMIT #333
FLAGSTAFF, AZ



Northland Family Help Center

Volume 10, Issue 4, Fall 2008

Celebrating 30 Years of Healing and Empowerment

On September 20th, NFHC hosted its 30th Anniversary Pearls of Hope Celebration for the Flagstaff community. The event was successful and included live music, booths for local service providers, the clothesline project, a kid's zone, concessions, a pearl jewelry raffle, and an exhibition for local artists. The free concert was a way for us to thank the community for its support and to celebrate 30 years of healing and empowerment through shelter, advocacy and education. The event featured singer-songwriter Michelle Shocked, the Buzzard Brothers, and our own Outreach Specialist, Brandon Rawls, performing with the Summit Dub Squad.



Mayor Sara Presler presenting Executive Director Sonja Burkhalter with a proclamation declaring the month of September, 2008 Northland Family Help Center Month.



Outreach Specialist Brandon Rawls performing with the Summit Dub Squad

30 Years of Thanks

Below is a list of some of those who gave a helping hand:

- Our Sponsors: Lou Corp, Brecon Group, and Mangum, Wall, Stoops, & Warden.
- The "we couldn't do it without you" volunteers: Richard Davis, past employee and leader of "No More Deaths", and Jason Hurd.
- Greenhouse Productions for their concert production expertise.
- Intrinsic Consulting for their support and expertise in creating a PR campaign.
- Lisa Moody, Flagstaff Senior Recreation and Events Coordinator, has been a HUGE supporter, helping us through the application process and offering ongoing guidance.
- Kim Kalas – volunteer and board president, extraordinaire.
- Special thanks to the following board members: Dan Musselman, Linda Chan, Ana Strohman, Bob Hart, Josh Allen.
- The following individuals and businesses made generous donations of pearl jewelry for our raffle: Langston Thomas, Lindsay Baker, Aimee Williams, Jeannette Hovey, Jeff Karl Jewelers, and Heidi Hanson.
- We would also like to thank the many volunteers, family members, and NFHC staff who gave up their Saturday to make this event a success.
- Finally, volunteers must eat! The following restaurants and businesses donated food or gift certificates to keep our volunteers fed: Domino's Pizza, Fratelli Pizza, Little Caesars, Quiznos, Cocos, Late for the Train, Safeway, Albertsons and KFC. Diane Kalas baked six dozen cookies for our volunteers.

Our apologies to 30th Anniversary Celebration supporters who were not included in our Community Thanks insert in the Daily Sun. The paper edited the list due to space constraints.

AGENCY WISH LIST

- Inexpensive, Portable Alarm Clocks
- Bath Towels and Wash Cloths
- Coffee Pot
- Laundry Baskets
- Children's DVDs
- PG-13 Movies or Video Games
- Crossword Puzzle
- Books
- Ping Pong Net & Paddles
- Soccer Balls and Basketballs
- Inexpensive Stereo
- Gift Certificates for Pizza and Safeway

Agency Anecdotes

- In July we hired a new Clinical Director, Marcel Duclos, who comes to us from New Hampshire. Marcel's expertise is in trauma, and he has 35+ years of counseling and psycho-therapy experience. He has also worked as an educator in the fields of mental health and human services and has conducted trainings at state, regional, national, and international levels.
- Two project monitors from the U.S. Dept. of Health and Human Services' Runaway and Homeless Youth (RHY) program conducted a comprehensive site visit on Sept. 23-24. The site visit takes place every 3-5 years, and this visit was described by the monitors as "phenomenal"! They completed a physical inspection and reviewed client files, finances, and personnel files. They also listened to presentations, given by Children's Shelter Manager Jack Wilkinson and Outreach Specialist Brandon Rawls, about our current shelter philosophy and programs as well as future program developments. Last quarter NFHC was awarded a new RHY grant that will cover the next 3 years. These funds support the Children's Shelter, Counseling, general operations, and a subcontract with the Alternatives Center.
- In September, NFHC was awarded a grant from the Navajo Nation to support the Women's Shelter, Legal Advocacy program, and general agency operations. This is the second year that NFHC has received support from the Navajo Nation.
- In August, Andrea McQueen donated a used 1992 Ford Explorer to the organization. The vehicle will allow us to transport clients in extreme weather, helping to meet an important need of the agency. Many thanks to Andrea for her hefty generosity!



We also received a donation of "Love Luggage" from students at the Flagstaff Arts and Leadership Academy. The students hand painted suitcases and filled them with donated school supplies, stuffed animals, and toys for children. The luggage was a big hit with the children in the shelter who were excited about having the colorful suitcases to transport their belongings in addition to the fun goodies inside.



- Also in August, new couches arrived for the Women's Shelter living room. The furniture, which was purchased with a grant from the Flagstaff Community Foundation, makes the space more updated and comfortable for residents.
- The P.E.A.C.E. Project began its 11th year with 20 members! Their first performance of the year took place on September 24th at the Coconino County Juvenile Detention Center and was very well received.
- Our Community Education Dept. taught three sections of NAU's Freshman Year Experience on Healthy Relationships to a total of 250 new students.
- Many thanks to Finance Coordinator Patricia Pease and Financial Consultant Johanna Klomann for all of their work getting ready for our annual financial audit! The first part of the audit went well, and the audit is on track for a timely completion by December 31st.
- Master Gardeners continued to work on our Women's Shelter backyard. The group came several weekends this Summer to spread wood chips, build flower boxes, and eradicate our jungle of weeds. We are very grateful to Board Secretary Linda Chan who initiated and coordinated the project to adopt the Women's Shelter backyard as an ongoing project.

An organization of this size requires the dedication and continued support of many individuals and organizations. Thank you for choosing to support NFHC. We couldn't carry out our work without you!

To all you wonderful donors of clothing and other needed items: Please drop off your donation in the lobby or front of the building. We no longer have a donation receiving door on the side of the building. We are working on creating a better system for accepting / receiving your generosity.

Endowment

MK Consultants - Jody Rypkema

Friends of Northland Family Help Center:

Ana Strohman
Bob Hart
Ed Raynard
Katie & Charlotte Anderkin
Lenora Nackard
NAU ASWI
Omega Phi Alpha
Richard & Peggy Mattson
Stephen & Joan Smith

Tom Cleman & Sonya Kennedy
The Dorrance Family Foundation
Project Night Night-Susan Zimmerman
Flagstaff Leadership Program – Class of 2008
Soptimists International of The Arizona Peaks

Donors of Northland Family Help Center:

Ana Strohman
Arizona Department of Public Safety
Barbara Coyne
Bob Hart
Bruce & Virginia Blankenship
Bryan & Barbara Bates
Carmen Valenzuela
Christine Brooks
Cindy Hoffman
Connor Dowers
Dave Cosper
David Lang & Lauren Breihan
Dural Browning
Eileen McGee
Elaine Beyal
Emily Hart
First Congregational Church

Flagstaff Arts & Leadership
Academy High School
Gary Rock
Judy Sar-Purtick
Julie Wiegand
Karen Small
Kay Kroll-Bradley
Kim Hammond
Lenora Nackard
Lucille Welch
Mark
Maureen Lefere
Mike Augustine
Nancy McPherson
Northern Arizona Dermatology
Center
Northern Arizona Sustainable

Living Fair
Perot Systems
Richard & Jean Wilson
Richard & Peggy Mattson
Robert Somerville
Sacred Rites
Sheri Smith
Shirley Nez
Stacey Wirth
Stephen & Therese Thomas
Terri Beeson-Davis
The Organic Beauty Lounge
Theresa Young
Thomas Bielecki
Tom Owen
Twila Brown

Please contact us if you made a donation to NFHC during the period of July-Sept 2008 and do not see your name on these lists so that we can include you in our next newsletter.

The Holidays

Each holiday season NFHC receives an outpouring of generosity from the community. Many donors want to know what kind of gifts to provide for women and youth, who make up the majority of our clients, so we have included some ideas below. Please contact our Administrative Specialist, Christine Koleski, at (928) 233-4300 or ckoleski@northlandfamily.org for more holiday gift ideas, to arrange for a donation, or to adopt a family or individual for the holidays.

Holiday Gift Ideas

for mothers:
black dress socks
slippers
bras, especially women's sizes
sets of pot-holders, dish towels, etc. for women setting up
new homes
cookbooks
gift cards to Target, Bath & Body Works, Linen & Things, and JC Penney's

for teens:
NAU sweatshirts
ankle-high socks
sports bras and panties
boxer shorts
gift cards to Foot Locker, Best Buy, Barnes and Nobles, Target, Payless, JC Penney's, and Walmart
sketchbooks and drawing supplies

