

**Northland Family Help Center**

2532 N. 4th St., #506  
Flagstaff, AZ 86004



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NFHC News

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Dear friends and family,

Another year has passed and as we celebrate all we are thankful for, I am most thankful for all of you - our supporters. Without you, NFHC would not be able to provide a safe place full of holiday cheer for women and children fleeing abuse at home. This holiday season, I was moved by the kindness and generosity of our community as all our clients were adopted through our Adopt a Family program and received many joyous gifts.

From the bottom of my heart, THANK YOU.

In the upcoming year, NFHC will be working towards securing continued funding for all our programs. Unfortunately, ongoing grant cut-backs are hurting NFHC at a time when our services are needed more than ever. Our administration and staff are working towards creative solutions and we're fighting hard to avoid a reduction in services.

Your continued support is a crucial part of NFHC and we thank you for everything you have done. From all of us at NFHC, we wish you a wonderful 2012.

Yours truly,

Administration: (928) 774-4503  
Women's Shelter: (928) 527-1900  
Youth Shelter: (928) 527-1800  
24-Hour Crisis Line: 1-877-NFHC-SAFE

You are receiving this newsletter because at some point in time you have been connected to Northland Family Help Center. It is important to us to keep you informed of our progress, provide you with regular updates, and maintain your awareness of issues related to domestic violence and child abuse. If you wish to be removed from our mailing list, please send an e-mail to [nfhc@northlandfamily.org](mailto:nfhc@northlandfamily.org) or call 928-774-4503.



# Northland Family Help Center

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## Flagstaff Has a New Purple Cab!

Thanks to A Friendly Cab and Soroptmist of the AZ Peaks, the purple cab was unveiled at the Grand Opening of the BARRN. The cab's purpose is to raise awareness about Domestic Violence in our community throughout the year. Painted bright purple, with a domestic violence ribbon on the hood and NFHC hotline information, the cab is sure to stand out. Be on the lookout! This unique cab is one of a kind!

## Walk for A Change

Our second annual Walk for a Change to End Domestic Violence took place on October 8th and was a great success. **We raised \$12,500 and had 185 walkers.** Money raised will benefit both Northland Family Help Center and BothHands (Sharon Manor). Sponsors of the event included Canyon Pet Hospital, Babbitt Ford, Northern Arizona Association of Realtors, Pioneer Title and Brookside Chocolates. In addition to the walk, 10 banners brought awareness to domestic violence all month long. Warm thanks to the board and staff of both agencies for their help in coordinating and supporting this meaningful partnership. Like us on Facebook to see more pictures.



### Agency Wishlist

- Non perishable, unexpired food
- Feminine hygiene products
- Reams of copier paper
- Batteries
- New underwear, socks, and bras
- Office Supplies
- Full size shampoos, conditioners and lotions

## Sexual Health Festival 2011

The Mars Project: Teaching NAU about Consent

Student volunteer Feather Sprengler and members of the MARS Project presented 'The Meaning of Consent' to **1700 first-year NAU students** on October 19th. Their focus was to inform students about the five groups that can never legally give consent in AZ: minors, those with severe mental/physical disabilities, people who are intoxicated, those who are coerced, and someone who is unconscious in any way. This second annual event presented information to students on many aspects of sexual health.



NFHC News



Find us on Facebook!



facebook.com/northlandfamily

### Leadership Team

Executive Director:  
Sonja Burkhalter

Clinical Director:  
Marcel Duclos

Human Resources Director:  
Nancy Lochmann

Finance Coordinator:  
Heidi Hanson

Women's Shelter Manager:  
Shaleen Seward

Youth Shelter Site Manager:  
Shawn Neice-Pendergast

Youth Shelter Case Manager:  
Nicole White

NFHC News



## Stories of Healing "Wade's" Story

The Runaway/Homeless Youth Program (RHY) of **Northland Family Help Center**

**has had a profound effect on many youth in our community.** Often, due to poverty or parents fleeing a domestic violence situation, a young person ends up without sufficient shelter and resources. At other times, youth "age-out" of the child welfare system and need additional support to survive the hardships of poverty. This is what happened to Wade.

During street outreach, Brandon Rawls, NFHC Outreach Specialist, encountered Wade in the park. Wade was 18 and in need of warm clothes, food and housing. Wade and his girlfriend also had a 1 year old daughter and struggled to find stable family housing. During this time, the little girl was sent to a relative's home several hours away. The RHY Outreach team worked with the family and introduced them to Open Inn Transitional Living Program. Within a few months, **NFHC was able to assist the young couple with securing shelter in a low cost apartment.** The parents worked part-time jobs and continued to search for more sufficient income.

After 2 years the family is still involved with the transitional living program, make regular meetings and appointments to improve their living situation. Because of the street outreach efforts and collaboration with the Transitional Living Program, this family was able to stay together and continues to benefit from the support of the Northland Family Help Center, in partnership with Open Inn. \*Names have been changed to protect privacy.

#### Want to help? The RHY program is in need of the following:

- Toiletries
- Travel Snacks
- Adult coats and camping gear

### Many Thanks to Flagstaff Community Foundation!

The FCF is a charitable endowment made up of many organizations  
The following organizations contributed to our award:

Flagstaff Medical Center - \$4667  
 Arizona Community Foundation - \$10000  
 Flagstaff Community Foundation - \$2333  
 Molly and Joseph Herman Foundation - \$3000

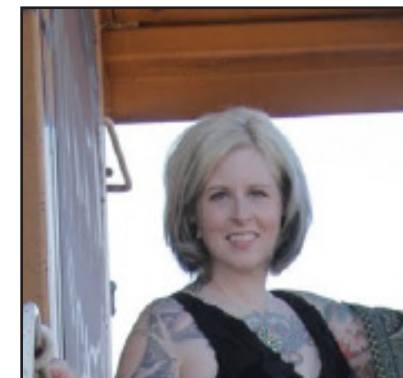
With a Grand Total of **\$20,000** to support prevention and counseling services that are provided free to those in need!

## Talking about Consent During Tequila Sunrise

Tequila Sunrise is an annual event where downtown bars open at 6am and over a 1000 students and community members spend the day partying prior to local homecoming celebrations. NFHC's Community Based Services had a table in Heritage Square and gave out information on sexual assault/violence prevention and education resources. In addition, staff provided water, Gatorade, bread, and pastries to the revelers. CBS also surveyed 64 individuals about consent and sexual violence. **Staff was surprised to find that only 16% of those surveyed were able to correctly identify the five groups of people who can never give legal consent to sexual activity.**



## Meet the Staff: Allie Morgan



Allie Morgan started working at NFHC in August 2010 as the Executive Assistant, and then accepted a position in the Women's Shelter in November 2011. Her passion for supporting moms and kids as well as women's rights, makes her a great Shelter Family Specialist.

Allie grew up in rural Alabama and graduated with a degree in Political Science/Philosophy in 2005 from the University of South Alabama. She moved to Arizona in 2006 and worked as a Coconino County Probation Officer for several years prior to coming to work at NFHC. In her free time she enjoys spending time with her husband Richard and seven year old son Ben, going camping, making hand-embroidery, tattoos and art.

#### Check out these great events:

*Free Film Screening 'Miss Representation' :*  
**Monday, Feb 6th at 7pm @ Gardner Auditorium, NAU**  
**Thursday, April 12th Take Back the Night**  
**Friday, April 27th Youthfest (Tentatively)**

April is Sexual Assault Awareness and Child Abuse Prevention Month

Providing shelter, advocacy, counseling and education since 1978.